



Game Addendums 2026/2027

ALL COMPETITIONS & DIVISIONS UNDER THE YBL

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Game Addendums 2026
Addendum One

Under 13 All-Girls
Female Division



Players age at the start of the season (on the [first] 1st September)

Cannot be aged 9 years old or below	Can be aged 10 years old	Can be aged 11 years old	Can be aged 12 years old	Cannot be aged 13 years old or above
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X

**Performance Licence holders
Players in Junior National League**

This division does not permit National League players; those holding a **Performance** licence, regardless of their age, participating in this division.

THIS IS AN ALL-PLAY DIVISION
This competition is an All-Play division, with all players to play at least one quarter

Exemption Requests

This division does not except requests for playing up or down outside the criteria above.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below on a Saturday or Sunday. Rearrangements can be agreed upon outside these times with the permission of the YBL and your opposition.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	17:00
Sunday	10:00	17:00
Monday	19:00	20:00
Tuesday	19:00	20:00
Wednesday	19:00	20:00
Thursday	19:00	20:00

Game play for this competition

X

Zone defence is not permitted
IN THIS DIVISION

HALF COURT
Half-Court defence is applied
IN THIS DIVISION
20 POINTS

LIVE SCORING

This division is to be Live Scored

1

Minimum number of Coaches per-game

10:00

Minute Quarters

5:00

Minute Overtime

STOP-CLOCK

STOP-CLOCK

T

Time-outs

YES

2

First half

3

Second half

X

Substitutions

YES

Size

5

basketball

HALF-COURT DEFINITION FOR YBL GAMES

When a team reaches a **20-point lead** they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their back court), the leading team **MUST** return into their own half (around the throw-in line) and play defence once the ball is in their defensive back court.

Game Addendums 2026 Addendum Two

Under 15 All-Girls Female Division



Players age at the start of the season (on the [first] 1st September)

Cannot be aged 11 years old or below	Can be aged 12 years old	Can be aged 13 years old	Can be aged 14 years old	Cannot be aged 15 years old or above
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Performance Licence holders Players in Junior National League

This division does not permit National League players; those holding a **Performance** licence, regardless of their age, participating in this division.

Exemption Requests

This division does not except requests for playing up or down outside the criteria above.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below on a Saturday or Sunday. Rearrangements can be agreed upon outside these times with the permission of the YBL and your opposition.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	18:00
Sunday	10:00	18:00
Monday	19:00	20:00
Tuesday	19:00	20:00
Wednesday	19:00	20:00
Thursday	19:00	20:00

Game play for this competition

Zone defence in this competition

Q1 	Q2 	Q3 	Q4 	O/T
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Half-Court defense is applied
IN THIS DIVISION



LIVE SCORING

This division is
to be Live Scored



1

Minimum number of
Coaches per-game

10:00
Minute Quarters

5:00
Minute Overtime

STOP-CLOCK

STOP-CLOCK

T
Time-outs
YES

2
First half
3
Second half

X
Substitutions
YES

Size
6
basketball

HALF-COURT DEFINITION FOR YBL GAMES

When a team reaches a **20-point lead** they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their back court), the leading team **MUST** return into their own half (around the throw-in line) and play defence once the ball is in their defensive back court.

Game Addendums 2026
Addendum Three

Under 18 All-Girls
Female Division



Players age at the start of the season (on the [first] 1st September)

Cannot be aged 14 years old or below	Can be aged 15 years old	Can be aged 16 years old	Can be aged 17 years old	Cannot be aged 18 years old or above
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X

**Performance Licence holders
Players in Junior National League**

This division does not permit National League players; those holding a **Performance** licence, regardless of their age, participating in this division.

Exemption Requests
This division does not except requests for playing up or down outside the criteria above.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below on a Saturday or Sunday. Rearrangements can be agreed upon outside these times with the permission of the YBL and your opposition.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	19:00
Sunday	10:00	18:00
Monday	19:00	20:15
Tuesday	19:00	20:15
Wednesday	19:00	20:15
Thursday	19:00	20:15

Game play for this competition

Zone defence is allowed in this competition		
Full court press is allowed throughout		
LIVE SCORING This division is to be Live Scored	1 Minimum number of Coaches per-game	
10:00 Minute Quarters	5:00 Minute Overtime	
STOP-CLOCK	STOP-CLOCK	
Time-outs YES	2 First half 3 Second half	Substitutions YES
Size 6 basketball		

Game Addendums 2026
Addendum Four

Women Two
Senior Women Division



Players age at the start of the season (on the [first] 1st September)

Cannot be aged 14 years old or below	! Can be aged 15 years old with Board approval	! ! Can be aged 16 years old with Board approval	Can be aged 17 years old or older
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**Performance Licence holders
Players in Senior National League**

This division does not permit National League players; those holding a **Performance** licence, regardless of their age, participating in this division. Those participating in Junior National League competitions exclusively, do not count.

Exemption Requests
This division does not except requests for playing up or down outside the criteria above.

5 You can go to this game with 5 players

Scheduling fixtures for this competition
Scheduling regular home fixtures should be between the time slots given below. Rearrangements can be agreed outside of these times with the approval of the opposition and if required the YBL.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	19:00
Sunday	10:00	18:00
Monday	19:00	20:15
Tuesday	19:00	20:15
Wednesday	19:00	20:15
Thursday	19:00	20:15

Game play for this competition

Zone defence is allowed in this competition	
Full court press is allowed throughout	
LIVE SCORING This division is to be Live Scored	1 Minimum number of Coaches per-game
10:00 Minute Quarters STOP-CLOCK	5:00 Minute Overtime STOP-CLOCK
Time-outs YES	2 First half 3 Second half
Substitutions YES	Size 6 basketball

Game Addendums 2026
Addendum Five

Women One
Senior Women Division



Players age at the start of the season (on the [first] 1st September)

Cannot be aged 14 years old or below	! Can be aged 15 years old with Board approval	! ! Can be aged 16 years old with Board approval	Can be aged 17 years old or older
---------------------------------------------------	--------------------------------------------------------------------	-----------------------------------------------------------------------------	------------------------------------------------



**Performance Licence holders
Players in Senior National League**

This division allows Senior National League players; those holding a **Performance** licence, regardless of their age - within the criteria above, participating in this division.

Exemption Requests

This division does not except requests for playing up or down outside the criteria above.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below. Rearrangements can be agreed outside of these times with the approval of the opposition and if required the YBL.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	19:00
Sunday	10:00	18:00
Monday	19:00	20:15
Tuesday	19:00	20:15
Wednesday	19:00	20:15
Wednesday	19:00	20:15

Game play for this competition



Zone defence is allowed in this competition



Full court press is allowed throughout

LIVE SCORING

This division is to be Live Scored



1
Minimum number of Coaches per-game

10:00
Minute Quarters

STOP-CLOCK

5:00
Minute Overtime

STOP-CLOCK



Time-outs

YES

2

First half
Second half

3



Substitutions

YES



Size
6
basketball

Game Addendums 2026
Addendum Six

The Beth Matthews Cup

Senior Women Cup Competition



The Beth Matthews Cup is a pioneering hybrid competition created to support the development of emerging talent. By bringing together players from the YBL Leagues, Junior National League, and Senior National League, the tournament provides a unique platform where youth and experience meet.

This competition is breaking barriers, offering young athletes the opportunity to test themselves alongside and against more experienced players. The Beth Matthews Cup bridges the gap between local competition and higher-level play, helping to prepare the next generation for future success.

Players age at the start of the season (on the [first] 1st September)

Cannot be aged 14 years old or below	! Can be aged 15 years old with Board approval	! ! Can be aged 16 years old with Board approval	Can be aged 17 years old or older
---------------------------------------------------	--------------------------------------------------------------------	-----------------------------------------------------------------------------	------------------------------------------------



Performance Licence holders Players in Senior National League

This division allows Senior National League players; those holding a **Performance** licence, regardless of their age - within the criteria above, participating in this division.

Exemption Requests

This division does not except requests for playing up or down outside the criteria above.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below. Rearrangements can be agreed outside of these times with the approval of the opposition and if required the YBL.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	19:00
Sunday	10:00	18:00
Monday	19:00	20:15
Tuesday	19:00	20:15
Wednesday	19:00	20:15
Wednesday	19:00	20:15

Game play for this competition



Zone defence is allowed in this competition



Full court press is allowed throughout

LIVE SCORING

This division is to be Live Scored



1

Minimum number of Coaches per-game

10:00
Minute Quarters

5:00
Minute Overtime

STOP-CLOCK

STOP-CLOCK



Time-outs

2

First half
Second half

3

YES



Substitutions

YES



Size
6
basketball

Game Addendums 2026
Addendum Seven

Under 9 (4X4)
Mini-YBL Central Venue League



Players age at the start of the season (on the [first] 1st September)

Cannot be aged 5 years old or below	Can be aged 6 years old	Can be aged 7 years old	Can be aged 8 years old	Cannot be aged 9 years old or above
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X Performance Licence holders Players in Junior National League
This division does not permit National League players; those holding a **Performance** licence, regardless of their age, participating in this division.

THIS IS AN ALL-PLAY DIVISION This competition is an All-Play Division.

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below on a Saturday or Sunday. Outside this please seek YBL approval.

	Earliest start time	Latest finish time
Saturday	10:15	18:00
Sunday	10:15	18:00

Player rotations for this competition

Player rotations as set out below. All teams to play Half Court man-to-man defense regardless of the score. The team captain will receive 2 points at Q1 and Q2 if their team has 8 players or more in their squad for the game.

Q1	PLAYERS 1,2,3&4	HALF COURT	+2
Q2	PLAYERS 5,6,7&8	HALF COURT	+2
Q3	PLAYERS 9,10,11&12 Or ANY PLAYERS if all used	HALF COURT	
Q4 O/T	ANY PLAYERS	FULL COURT	

Game play for this competition

X Zone defence is not permitted
IN THIS DIVISION

LIVE SCORING This division is to be Live Scored	1 Minimum number of Coaches per-game
6:00 Minute Quarters RUNNING-CLOCK	1:00 Minute Overtime RUNNING-CLOCK

T Time-outs YES	2 First half 3 Second half	EACH TIME-OUT 30 SECONDS	Size 5 basketball
Substitutions SECOND HALF	CROSS-COURT GAMES	8ft Back board height	

STOP Stopping at the end of the Q3
If at the end of the Q3 the losing team feel they are unable to continue due to their points difference, the head coach can call the game at this point.

! The results for each game and league standings will not be shown for this division.

Game Addendums 2026
Addendum Eight

Under 11 (4X4)
Mini-YBL Central Venue League



Players age at the start of the season (on the [first] 1st September)

Cannot be aged 7 years old or below	Can be aged 8 years old	Can be aged 9 years old	Can be aged 10 years old	Cannot be aged 11 years old or above
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X **Performance Licence holders**
Players in Junior National League

This division does not permit National League players; those holding a Performance licence, regardless of their age, participating in this division.

THIS IS AN ALL-PLAY DIVISION This competition is an All-Play Division.

Game play for this competition

X **Zone defence is not permitted**
IN THIS DIVISION

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below on a Saturday or Sunday. Outside this please seek YBL approval.

	Earliest start time	Latest finish time
Saturday	10:15	18:00
Sunday	10:15	18:00

LIVE SCORING This division is to be Live Scored	1 Minimum number of Coaches per-game
7:00 Minute Quarters RUNNING-CLOCK	2:00 Minute Overtime RUNNING-CLOCK

Player rotations for this competition

Player rotations as set out below. All teams to play Half Court man-to-man defense regardless of the score. The team captain will receive 2 points at Q1 and Q2 if their team has 8 players or more in their squad for the game.

Q1	PLAYERS 1,2,3&4			T Time-outs YES	2 First half 3 Second half	EACH TIME-OUT 30 SECONDS	 Size 5 basketball
Q2	PLAYERS 5,6,7&8						
Q3	PLAYERS 9,10,11&12 Or ANY PLAYERS if all used			X Substitutions SECOND HALF		CROSS-COURT GAMES	 8 ft Back board height
Q4 O/T	ANY PLAYERS						

STOP **Stopping at the end of the Q3**
If at the end of the Q3 the losing team feel they are unable to continue due to their points difference, the head coach can call the game at this point.

! The results for each game and league standings will not be shown for this division.

Game Addendums 2026
Addendum Nine

Under 13
Zonal Division



Players age at the start of the season (on the [first] 1st September)

Cannot be aged 9 years old or below	Can be aged 10 years old	Can be aged 11 years old	Can be aged 12 years old	Cannot be aged 13 years old or above
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X Performance Licence holders
Players in Junior National League

This division does not permit National League players; those holding a **Performance** licence, regardless of their age, participating in this division.

THIS IS AN ALL-PLAY DIVISION This competition is an All-Play division, with all players to play at least one quarter

Exemption Requests

This division does not except requests for playing up or down outside the criteria above.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below on a Saturday or Sunday. Rearrangements can be agreed upon outside these times with the permission of the YBL and your opposition.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	17:00
Sunday	10:00	17:00
Monday	19:00	20:00
Tuesday	19:00	20:00
Wednesday	19:00	20:00
Thursday	19:00	20:00

Game play for this competition

X Zone defence is not permitted
IN THIS DIVISION

HALF COURT Half-Court defense is applied
IN THIS DIVISION **20 POINTS**

LIVE SCORING
This division is to be Live Scored

1
Minimum number of Coaches per-game

10:00
Minute Quarters

5:00
Minute Overtime

STOP-CLOCK

T Time-outs
YES

2 First half
3 Second half

X Substitutions
YES

6
Size basketball

HALF-COURT DEFINITION FOR YBL GAMES

When a team reaches a **20-point lead** they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their back court), the leading team **MUST** return into their own half (around the throw-in line) and play defence once the ball is in their defensive back court.

Game Addendums 2026
Addendum Ten

Under 15
Zonal Division



Players age at the start of the season (on the [first] 1st September)

Cannot be aged 11 years old or below	Can be aged 12 years old	Can be aged 13 years old	Can be aged 14 years old	Cannot be aged 15 years old or above
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X Performance Licence holders
Players in Junior National League

This division does not permit National League players; those holding a **Performance** licence, regardless of their age, participating in this division.

Exemption Requests
 This division does not except requests for playing up or down outside the criteria above.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below on a Saturday or Sunday. Rearrangements can be agreed upon outside these times with the permission of the YBL and your opposition.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	18:00
Sunday	10:00	18:00
Monday	19:00	20:00
Tuesday	19:00	20:00
Wednesday	19:00	20:00
Thursday	19:00	20:00

Game play for this competition

Zone defence in this competition

Q1 	Q2 	Q3 	Q4 	O/T
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Half-Court defense is applied IN THIS DIVISION

LIVE SCORING

This division is to be Live Scored

1 Minimum number of Coaches per-game

10:00 Minute Quarters

5:00 Minute Overtime

STOP-CLOCK

T Time-outs
 YES

2 First half
3 Second half

X Substitutions
 YES

Size **7** basketball

HALF-COURT DEFINITION FOR YBL GAMES

When a team reaches a **20-point lead** they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their back court), the leading team **MUST** return into their own half (around the throw-in line) and play defence once the ball is in their defensive back court.

Game Addendums 2026
Addendum Eleven

Under 17
 Zonal Division



Players age at the start of the season (on the [first] 1st September)

Cannot be aged 14 years old or below	Can be aged 15 years old	Can be aged 16 years old	Can be aged 17 years old	Cannot be aged 18 years old or above
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X

**Performance Licence holders
 Players in Junior National League**

This division does not permit National League players; those holding a **Performance** licence, regardless of their age, participating in this division.

Exemption Requests

This division does not except requests for playing up or down outside the criteria above.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below on a Saturday or Sunday. Rearrangements can be agreed upon outside these times with the permission of the YBL and your opposition.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	19:00
Sunday	10:00	18:00
Monday	19:00	20:15
Tuesday	19:00	20:15
Wednesday	19:00	20:15
Thursday	19:00	20:15

Game play for this competition

Zone defence is allowed in this competition

Full court press is allowed throughout

LIVE SCORING

This division is to be Live Scored

1
 Minimum number of Coaches per-game

10:00
 Minute Quarters

STOP-CLOCK

5:00
 Minute Overtime

STOP-CLOCK

T
 Time-outs

YES

2
 First half
 Second half
3

X
 Substitutions

YES

Size 7
 basketball

Game Addendums 2026
Addendum Twelve

Under 14 – The Challenge Cup

Junior Cup Competition



The Challenge Cup is a hybrid competition designed to support player development by bridging the gap between divisions. It gives YBL and Junior National League players more opportunities to compete.

Players age at the start of the season (on the [first] 1st September)

Cannot be aged 10 years old or below	Can be aged 11 years old	Can be aged 12 years old	Can be aged 13 years old	Cannot be aged 14 years old or above
---------------------------------------------------	---------------------------------------	---------------------------------------	---------------------------------------	---------------------------------------------------



Performance Licence holders
Players in Junior National League

This division allows National League players; those holding a Performance licence - within the criteria above, participating in this division.

THIS IS AN
ALL-PLAY DIVISION

This competition is an All-Play division, with all players to play at least one quarter

Exemption Requests

This division does not except requests for playing up or down outside the criteria above.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below on a Saturday or Sunday. Rearrangements can be agreed upon outside these times with the permission of the YBL and your opposition.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	17:00
Sunday	10:00	17:00
Monday	19:00	20:00
Tuesday	19:00	20:00
Wednesday	19:00	20:00
Thursday	19:00	20:00

Game play for this competition



Zone defence is not permitted
IN THIS DIVISION



Half-Court defense is applied
IN THIS DIVISION



LIVE SCORING

This division is to be Live Scored



1
Minimum number of Coaches per-game

10:00
Minute Quarters

5:00
Minute Overtime

STOP-CLOCK

STOP-CLOCK



Time-outs
YES
First half: 2
Second half: 3



Substitutions
YES



Size **6**
basketball

HALF-COURT DEFINITION FOR YBL GAMES

When a team reaches a **20-point lead** they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their back court), the leading team **MUST** return into their own half (around the throw-in line) and play defence once the ball is in their defensive back court.

Game Addendums 2026
Addendum Thirteen

Under 16 – The Challenge Cup

Junior Cup Competition



The Challenge Cup is a hybrid competition designed to support player development by bridging the gap between divisions. It gives YBL and Junior National League players more opportunities to compete.

Players age at the start of the season (on the [first] 1st September)

Cannot be aged 12 years old or below	Can be aged 13 years old	Can be aged 14 years old	Can be aged 15 years old	Cannot be aged 16 years old or above
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Performance Licence holders
Players in Junior National League

This division allows National League players; those holding a Performance licence - within the criteria above, participating in this division.

Exemption Requests

This division does not except requests for playing up or down outside the criteria above.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below. Rearrangements can be agreed upon outside these times with the permission of the YBL and your opposition.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	17:00
Sunday	10:00	17:00
Monday	19:00	20:00
Tuesday	19:00	20:00
Wednesday	19:00	20:00
Thursday	19:00	20:00

Game play for this competition



Zone defence is allowed in this competition



Full court press is allowed throughout

LIVE SCORING

This division is to be Live Scored



1
Minimum number of Coaches per-game

10:00
Minute Quarters

5:00
Minute Overtime

STOP-CLOCK

STOP-CLOCK

T
Time-outs
YES

2 First half
3 Second half

X
Substitutions
YES

Size
7
basketball

Under 18 – The Challenge Cup

Junior Cup Competition



The Challenge Cup is a hybrid competition designed to support player development by bridging the gap between divisions. It gives YBL and Junior National League players more opportunities to compete.

Players age at the start of the season (on the [first] 1st September)

Cannot be aged 14 years old or below	Can be aged 15 years old	Can be aged 16 years old	Can be aged 17 years old	Cannot be aged 18 years old or above
---------------------------------------------------	---------------------------------------	---------------------------------------	---------------------------------------	---------------------------------------------------



Performance Licence holders
Players in Junior National League

This division allows National League players; those holding a Performance licence - within the criteria above, participating in this division.

Exemption Requests

This division does not except requests for playing up or down outside the criteria above.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below. Rearrangements can be agreed upon outside these times with the permission of the YBL and your opposition.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	17:00
Sunday	10:00	17:00
Monday	19:00	20:00
Tuesday	19:00	20:00
Wednesday	19:00	20:00
Thursday	19:00	20:00

Game play for this competition



Zone defence is allowed in this competition



Full court press is allowed throughout

LIVE SCORING

This division is to be Live Scored



1
 Minimum number of Coaches per-game

10:00
 Minute Quarters

5:00
 Minute Overtime

STOP-CLOCK

STOP-CLOCK



Time-outs

YES

2

First half

Second half

3



Substitutions

YES



Size
7
 basketball

Game Addendums 2026
Addendum Fifteen

Under Twenty-One
Senior Division



Players age at the start of the season (on the [first] 1st September)

Cannot be aged 16 years old or below	Can be aged 17 years old	Can be aged 18 years old	Can be aged 19 years old	Can be aged 20 years old	Cannot be aged 21 years old or above
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**Performance Licence holders
Players in Junior National League**

This division allows Junior National League players; those holding a **Performance** licence - within the criteria above, participating in this division.

**Performance Licence holders
Players in Senior National League**

This division does not permit Senior National League players; those holding a **Performance** licence, regardless of their age, if playing in a senior division, participating in this division.

Exemption Requests
Requests will be heard on a case by case basis.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below. Rearrangements can be agreed outside of these times with the approval of the opposition and if required the YBL.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	19:00
Sunday	10:00	19:00
Monday	19:00	20:00
Tuesday	19:00	20:00
Wednesday	19:00	20:00
Thursday	19:00	20:00

Game play for this competition

Zone defence is allowed in this competition

Full court press is allowed throughout

LIVE SCORING

This division is to be Live Scored

1
Minimum number of Coaches per-game

10:00
Minute Quarters

STOP-CLOCK

5:00
Minute Overtime

STOP-CLOCK

T
Time-outs

YES

2
First half
3
Second half

X
Substitutions

YES

Size **7**
basketball

Game Addendums 2026
Addendum Sixteen

YBL One
 Senior Division



YBL One has been established to break down barriers and open new opportunities for players at all levels. This innovative hybrid competition brings together athletes from the YBL, Junior National League and Senior levels, creating a dynamic environment for growth and development for all involved.

Designed to support progression, the YBL One division helps participants challenge themselves while learning from more experienced players — bridging the gap and building stronger pathways within the game.

Players age at the start of the season (on the [first] 1st September)

Cannot be aged 14 years old or below	! Can be aged 15 years old with Board approval	! ! Can be aged 16 years old with Board approval	Can be aged 17 years old or older
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**Performance Licence holders
 Players in Senior National League**

This division allows Senior National League players; those holding a **Performance** licence, regardless of their age - within the criteria above, participating in this division.



Exemption Requests

This division does not except requests for playing up or down outside the criteria above. Those participating in **SBL** and **BCB** will need to be licensed with **BE** and have Board approval before participating.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below. Rearrangements can be agreed outside of these times with the approval of the opposition and if required the YBL.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	19:00
Sunday	10:00	19:00
Monday	19:00	20:00
Tuesday	19:00	20:00
Wednesday	19:00	20:00
Thursday	19:00	20:00

Game play for this competition



Zone defence is allowed in this competition



Full court press is allowed throughout

LIVE SCORING

This division is to be Live Scored



1
 Minimum number of Coaches per-game

10:00
 Minute Quarters

5:00
 Minute Overtime

STOP-CLOCK

STOP-CLOCK

T
 Time-outs

YES

2
 First half
3
 Second half

X
 Substitutions

YES



Size
7
 basketball

Game Addendums 2026
Addendum Seventeen

M Division
 Senior Division



Players age at the start of the season (on the [first] 1st September)

Cannot be aged 14 years old or below	! Can be aged 15 years old with Board approval	! ! Can be aged 16 years old with Board approval	Can be aged 17 years old or older
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Number of participants with a Performance Licence (National League)

SNBL Division 1 or 2 1	OR	SNBL Division 3 2	OR	SNBL Division 2 1	SNBL Division 3 1	&	WNBL Players 	JNBL Players
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Performance Licence holders
 Players in Senior National League

This division allows Senior National League players; those holding a **Performance** licence, with Board approval before participating. Female and JNBL do not need approval, unless the junior player plays in a SNBL team.

Exemption Requests

This division does not except requests for playing up or down outside the criteria above.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below. Rearrangements can be agreed outside of these times with the approval of the opposition and if required the YBL.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	19:00
Sunday	10:00	19:00
Monday	19:00	20:00
Tuesday	19:00	20:00
Wednesday	19:00	20:00
Thursday	19:00	20:00

Game play for this competition



Zone defence is allowed in this competition



Full court press is allowed throughout

LIVE SCORING

This division is to be Live Scored



1
 Minimum number of Coaches per-game

10:00
 Minute Quarters

5:00
 Minute Overtime

STOP-CLOCK

STOP-CLOCK



Time-outs
 YES

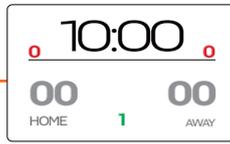
2 First half
3 Second half



Substitutions
 YES



Size **7**
 basketball



Addendum Eighteen Game Play Overview

See individual Game Addendums for further information

U9 & U11 Divisions Central Venue Leagues	Awarded 2 Points in Q1 & Q2 FOR 8 OR MORE PLAYERS IN THIS DIVISION	Half-Court defense is applied IN THIS DIVISION FOR Q1, Q2 & Q3	This is a STOP division
	THIS IS AN ALL-PLAY DIVISION	Full-Court press is allowed in Q4 IN THIS DIVISION	Zone defence is not permitted IN THIS DIVISION
U13 & U14 Competitions Under 13 Zonal, Under 13 All-Girls & Under 14 The Challenge Cup	THIS IS AN ALL-PLAY DIVISION	Half-Court defense is applied IN THIS DIVISION	Zone defence is not permitted IN THIS DIVISION
U15 Competitions Under 15 Zonal & Under 15 All-Girls		Half-Court defense is applied IN THIS DIVISION	Zone defence is restricted TO 1 & 3 QUARTERS IN THIS DIVISION
U16, U17 & U18 Competitions Under 16 & U18 The Challenge Cup, U17 Zonal & U18 All-Girls Senior Competitions Under Twenty-One, Women One, Women Two, M Division, YBL One & The Beth Matthews Cup		Full-Court press is allowed throughout IN THIS DIVISION	Zone defence is permitted IN THIS DIVISION